

23/05/2025 (E)

Exam Code: 1182
Sub. Code: 45684

2055

P.G. Diploma in Guidance and Counselling
Second Semester

PGDGC-04: Counselling Children and Adolescents with Different Abilities

Time allowed: 3 Hours

Max. Marks: 75

NOTE: Attempt five questions in all, including Question No. IX (Unit - V) which is compulsory and selecting one question each from Unit I - IV.

x-x-x

UNIT - I

- I. Explain the conceptual frame work of different abilities and elaborate its classifications in detail? (15)
- II. Define and discuss the importance of counselling for student with different abilities and their families? (15)

UNIT - II

- III. What do you understand by identification and diagnosis? Discuss the process of identification of emotional, social and academic problems of children? (15)
- IV. Discuss case study and explain its procedures and importance? (15)

UNIT - III

- V. What is intervention? Explain the steps and importance of group counselling for children with emotional and social problems? (15)
- VI. What is the difference between individual and group counselling? Discuss that how the individual and group counselling is beneficial for adolescents with social and vocational problems? (15)

UNIT - IV

- VII. How the relaxation strategies like yoga and meditation are beneficial and reducing the stress of children with special needs? Discuss with suitable example? (15)

(2)

VIII. Define parental counselling and discuss the steps and benefit of crisis counselling?
(15)

UNIT - V

IX. Write short note on the following:-

- a) Different abilities
- b) Case study
- c) Type of stress
- d) Skill of counselling
- e) Family therapy

(5x3)

x-x-x